

(Sample of insurance request letter)

Dear _____,

I am currently seeking homeopathic treatment for some of my conditions. Many insurance companies currently offer coverage for homeopathy in their extended benefits plan. I would like to see homeopathy covered as part of _____ extended benefits health insurance program.

Naturopaths receive basic training in homeopathy as part of their training program. Although Naturopathy is currently covered under this extended benefits program, homeopathy is not covered as a separate treatment modality.

It is important to note that homeopaths who attended the Toronto School of Homeopathic Medicine receive extensive training for several years to practice homeopathic therapeutics. This school is the only Homeopathic College accredited by Canada's only Council on Homeopathic Education. Homeopathy was re-regulated in Ontario in June 2007, reinforcing the recognition of homeopathy as a valued health profession in this province. The Transitional Council of the College of Homeopaths is in the process of defining requirements and criteria for practicing homeopathy. This government body will determine the registration requirements for Homeopathic Practitioners.

It does not make sense that individuals seeking the care of highly educated homeopaths are denied coverage for a treatment modality currently covered under the umbrella of naturopathy. As an individual, I am exercising my right to preventative healthcare through homeopathy. Through homeopathy, I am encouraged to take an active role in the pursuit of optimal health. My homeopath provides remedies that stimulate my body to heal itself, along with counseling on diet and lifestyle changes.

That being said, homeopathic treatment is a very cost-effective method of preventative healthcare. Preventative healthcare leads to decreased healthcare costs overall, meaning eventual cost benefits to both insurers and the Canadian healthcare system.

I appreciate your consideration of this request, and look forward to seeing homeopathy included as its own treatment modality as part of this plan.